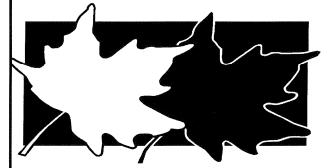


EST LAFAYETTE



Parks and Recreation

Fall Recreation Brochure



The Benefits

National Recreation and Park Association 20

Welcome

Are you ready for some fun this Fall? Register early to make sure you get in on the fun. Make the most out of your leisure time. Mail in your registration today!

"What then is the right way of living? Life must be lived as play" ~ Plato Parks & Recreation Discover The Benefits...

City Officials

Mayor:

John Dennis

Clerk-Treasurer:

Judy Rhodes

Council Representatives

Peter Bunder

Vicki Burch

Steve Dietrich

Ann Hunt

Gerry Keen

Paul Roales

Gerald Thomas

Parks and Recreation Board

Mike Dana

Mary Nauman

Garnet Peck

Richard Shockley

Karen Springer

John Sorensen - Attorney

Parks and Recreation Staff

Joe Payne

Superintendent

Pennie Ainsworth Asst. Superintendent

Lee Booth

Parks Director

Chris Foley

Recreation Director

Brenda Lorenz

Morton Director

Parks and Recreation Office 609 West Navajo 775-5110

Morton Center 222 N. Chauncey 775-5120

Table of Contents

	Page
Crafts & Special Interests	1 - 5
Wellness	614
Art for Adults	15-18
Dance Classes	19-23
Fun For Youth	24-27
Pre-school Friday Enrichment	28-29
Special Events	30
Riverside Skating Center	31
Canaral Information & Registration	32_33

Special Thanks to the West Lafayette School Corporation

Many programs and activities are conducted at various city schools in West Lafayette. Our special thanks to the West Lafayette School Corporation, Board of Education, faculty and staff for their cooperation and support.

CRAFTS AND SPECIAL INTERESTS

Create a Gingerbread House

Enjoy this holiday season with a gingerbread house your family has created. In one 2½-hour session, your family or group will build and decorate a graham cracker gingerbread house. Fee is per group. Any group can make one large house or two small houses. A group can be an adult(s) with children or one single adult. Bring 2-3 bags of candy for your own use plus 1 bag to share. Come learn about this European tradition. Call Karen at 743-3905 for more information.

Instructor: Karen Springer Location: Morton Center, room 205

Ages: Allages

Supplies: Bring 2-3 bags of candy for your own use plus 1 bag to share.

Session	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Fri	Dec 4	6:00-8:30pm	315191A	\$22
2	Sat	Dec 5	9:30am-Noon	315191B	\$22
3	Sat	Dec 5	1:00-3:30pm	315191J	\$22

From the Garden to the Kitchen

Did you know that you can grow some types of vegetables even in winter? Learn about the four season harvest...how to grow fall and winter vegetables with season extenders such as cold frames and high tunnels. The class will cover a wide range of topics including: fall and winter planting schedules, preserving food, composting, and making delicious inexpensive vegetable soups and homemade bread. For more information about the class, please call Jody at 296-7063 or e-mail her at soilmaker@mintel.net.

Instructors: Jody Tishmack and Jeff Phillips Location: Morton Center, room 202

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
12 & older	Sat	Sep 12-Nov 21	10:00-11:30am	316211Q	*\$60
		ታ ለ 1	4 1 1 C 0100		

*A couple may take class for \$100.

Mail Your Registration Today!

Mail-in registrations accepted by date received. It's the fastest way to register for your favorite class.

All other types of registration begin Wednesday, Sept. 9th
Some classes may be filled by Sept 9th.

Need more information?
Call us at our City Hall office 775-5110
or at our Morton Center office 775-5120



Gourd Art-

Each one of these classes may be taken on their own or you can take the whole series. Materials fee will cover all supplies needed except for items mentioned below. Call Deborah at 463-9391 for more information. If you would like to purchase a quality wood burner, Debby can get you a Nibsburner shipped in 3-4 days. Please contact her for more details.

Birdhouse Painted With Spring Flowers or Your Choice of Design: Acrylics. Bring water bowl, paper towels and hair dryer. Learn side loading.

Pigment Powders (Paint in Powder Form): Fun colors - metallic. Bowl with sea grass rim. Free form your design or one provided. Learn different ways to use this medium. Bring small water bowl, paper towels, scissors and hair dryer.

Vase Rimmed with Pine Needles: Learn different ways to use spray paint and combine colors with leather dyes. Bring scissors and old clothes. Leather dye doesn't come out of clothes.

Woodburn Beautiful Sunflowers on Vase: Can tint with watercolors. Bring water bowl, paper towels, woodburner, and scissors.

Weaving on Gourd With Embellishments: Learn how to do Tenerife also. Bring scissors. Long Leaf Pine Needle Bowl: Learn coiling. Bring scissors. May have to finish at home.

Instructor: Deborah Remsburg Location: Morton Center, room 111

Ages: 10 or older

Registration Deadline: 2 days prior to start of class

<u>Session</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Basket</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
1	Thur	Sep 24	6:00-9:00pm	Birdhouse With Spring Flowers	310581A	\$15	\$20
2	Thur	Oct 1	6:00-9:00pm	Pigment Powders	310581B	\$15	\$20
3	Thur	Oct 15	6:00-9:00pm	Vase Rimmed w/Pine Needles	310581C	\$15	\$20
4	Thur	Oct 29	6:00-9:00pm	Woodburned Sunflowers	310581D	\$15	\$20
5	Thur	Nov 12	6:00-9:00pm	Weaving w/Embellishments	310581E	\$15	\$20
6	Thur	Dec 10	6:00-9:00pm	Long Leaf Needle Bowl	310581F	\$15	\$20

^{*}Supply fee paid to instructor at first class.

Early registrations by mail only!

All other forms of registrations will begin

Wednesday, September 9

Parks & Recreation

City Hall Office 775-5110

Morton Center 775-5120

Mail your registration Today!

- Basket Weaving -

Come and relax and go home with a finished basket!!! Instructor will provide all needed materials. All baskets can be done by beginners. Bring an old towel to class and wear old clothes. The dye can sometimes rub off. Visit www.beebeesbaskets.com to find out more about baskets. Call Bev at 474-6004 for more information.

Round Reed Bowl: Using only round reed, you will use the twining technique to make a bowl.

Large Cherokee Tote: Using a choice of colors, weave a tote in the Cherokee pattern.

Square Pie Basket: Get ready for that pumpkin pie at Thanksgiving with this square pie basket with swing handle.

The Work Basket: Using spaced dyed reed, weave this large round basket with a wooden base.

Pot Belly Bushel Basket: Enjoy this large pot belly square to round basket. Can be used as a laundry basket or just hold a lot of stuff!

Christmas Tree Wall Basket: Weave a flat basket with the Christmas tree on the front.

Luck of the Draw – end of session tradition: This is the class where I bring left over kits from classes and you get to choose what you want to make. Kits can be from classes at Morton or other places and may or may not be from this session...truly luck of the draw!!!

Instructor: Bev Larson Location: Morton Center, room 205

Ages: 18 or older

Session	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Basket</u>	<u>Code</u>	<u>Fee</u>	Supply Fee
1	Thu	Sep 17	6:00-9:30pm	Round Reed Basket	317310A	\$15	\$10
2	Sat	Sep 26	9:00am-3:30pm	Large Cherokee Tote	317310B	\$20	\$20
3	Thu	Oct 8	6:00-9:30pm	Square Pie Basket	317310C	\$15	\$18
4	Sat	Oct 31	9:00am-3:30pm	The Work Basket	317310D	\$20	\$24
5	Sat	Nov 14	9:00am-3:30pm	Pot Belly Bushel Basket	317310E	\$20	\$26
6	Thu	Dec 3	6:00-9:30pm	Christmas Tree Wall Basket	317310F	\$15	\$15
7	Sat	Dec 12	9:00am-3:30pm	Luck of the Draw Basket	317310G	\$20	\$18 or more

-Machine Embroidery Circle —

Great project classes for those of you with home embroidery machines! Classes have a supply list and require advance preparation. Although the step-by-step instructions are written specifically for the Pfaff 7570, all makes and models of embroidery machines are welcome, as the projects themselves are by no-means machine specific! Call Sally at 742-4193 for more information.

Hello, My Name Is...- This great little around-the-neck bag holds your name badge and has a zippered pocket for credit card and cash.

Fringe Benefits – Halloween bag has a fringed embroidery on it for extra depth and texture.

Christmas Stocking 2009 – Two places to tuck Christmas cards are created in the construction of this year's stocking. Candy Cane Holder – Our first in-the-hoop project is candy cane holders that hang on the tree.

Instructor: Sally Carter Location: Morton Center, room 211

Ages: 18 or older

<u>Session</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Class</u>	<u>Code</u>	<u>Fee</u>
1	Sat	Sep 19	9:00am-Noon	Hello, My Name Is	315711X	\$25
2	Sat	Oct 17	9:00am-Noon	Fringe Benefits	315770X	\$25
3	Sat	Nov 21	9:00am-3:00pm	Christmas Stocking 2009	315771X	\$30
4	Sat	Dec 19	9:00am-Noon	Candy Cane Holder	315773X	\$25

Sewing Basics -

Do you have a new sewing machine and don't know where to start? Did you used to sew and want to get back into it? This beginning class will show you how to use your machine, and you will complete a simple project. First class will focus on the machine, sewing essentials, and fabric choices. The second class will be a project from what you've learned. Sewing machine required. Please pick up supply list when registering. Call Amelia at 430-3691, for more information.

Instructor: Amelia Roberts Location: Morton Center, room 211

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16 & older	1	Wed	Oct 7-14	7:00-9:00pm	310181B	\$30
16 & older	2	Wed	Dec 2-9	7:00-9:00pm	310181Y	\$30

– American Sign Language*–*

Do you have a friend, a child or a worker who is deaf or hard of hearing? Have you always wanted to communicate with them in sign language but do not know how? Now's your chance! Come and join the fun. You will have the opportunity to talk with your hands and learn basic signs including vocabulary and grammar. During the class you will be encouraged to set aside your spoken English; the instructor is deaf. This class is designed to promote interaction in American Sign Language among students. Contact Jill, at Lora Jill@comcast.net for more information.

Instructor: Jill Lestina

Location: Morton Center, room 202

<u>Ages</u>	<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
16 & older	Beginner I	Wed	Sep 16-Oct 21	7:00-8:00pm	316916Y	\$80	\$5
16 & older	#Beginner II	Wed	Nov 4-Dec 16 no class 11/11 & 11/25	7:00-8:00pm	316921A	\$65	\$5

*Supply fee paid to instructor at first class. #Beg. II students must have taken Beg. I

– Spanish – –

HOLA! Would you like to learn some Spanish, the fastest growing foreign language in USA? Then, come and discover a new and rewarding world. You will learn, along with the basics of a new language, more about Hispanic culture and its geography. HASTA PRONTO! The supply fee of \$5 should be paid directly to instructor first day of each class. For more information, please e-mail Lucia at Luc

Instructor: Lucia Alvarez
Location: Morton Center, room 202

Ages: 16 or older

Session	<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
1	Beg. Spanish	Tue	Sep 15-Oct 20	5:30-6:30pm	314711A	\$90	\$5
2	Inter. Spanish	Thu	Sep 17-Oct 22	5:30-6:30pm	314721A	\$90	\$5
3	Beg. Spanish	Tue	Oct 27-Dec 1	5:30-6:30pm	314711Z	\$90	\$5
4	Inter. Spanish	Thu	*Oct 29-Dec 10no class 11/26	5:30-6:30pm	314721Z	\$90	\$5
*Supply fee paid to instructor at first class.							

Take Better Photographs: Composition Techniques for Photographers -

For photographers of any level, learn how to use your camera to make consistently good photographs. This course helps you explore how to design a photograph, utilizing common composition techniques. Learn how to work with the elements in a picture and principles such as the rule of thirds and framing, to capture the pictures you have visualized. The class will then meet on Saturday morning for a field session to practice these techniques. The field session will be followed by an evening class session the following week for feedback of the students' work. Please bring your camera and camera manual to the first class. Call Glenn 765-447-2462 for more information.

> Instructor: Glenn Chang Location: Morton Center, room 211 Meeting Dates Times Thu, Sept 24- Oct 1 6:30-8:30 pm Sat, Sept 26 8:30-10:30 am Ages Code Fee *SupplyFee 18 or older \$60 312281V \$3

Working With Your Digital Camera

You will learn how to find and use all of the options and programs on their digital cameras, and how to use them to take better pictures. We will discuss compositional techniques to improve your photographs. The instructor works with each student to learn how to access the different parts of their camera's menu, and how to work with focusing, different program modes, zoom settings, resolution, compression, compensation, color, saturation, contrast, flash, and other camera capabilities. The second class meets at a field location on Saturday morning to work with our cameras in the field. We will meet the following week for an evening class to get feedback about your work. You should already have a digital camera and should read the camera manual prior to the first class. You must be able to print pictures from your cameras for the feedback session. Class is limited to no more than 10 students to allow for individual attention. Please bring your camera, camera manual, an array of lenses, extra batteries, memory card, (optional) tripod. Call Glenn at 765-447-2462, for more information.

> Instructor: Glenn Chang Location: Morton Center, room 111 Meeting Dates Times Tue, Sept 15 6:30-9:00 pm Sat, Sept 19 8:30-10:30 am Tue, Sept 22 6:30-8:30 pm Code *Supply Fee Ages Fee 18 or older 312291A \$65 \$3 *Supply fee paid to instructor at first class

Photographing Fall Colors: A Field Workshop

Capture Fall's colors while working with a professional photographer, who will provide suggestions, answer questions, and provide feedback. The following week students will bring prints to the class for feedback. Bring a camera, the camera manual, lenses, extra batteries and memory cards, and a tripod if you have one. Please wear hiking boots or good walking shoes. The class will meet at Happy Hollow Park, which is on Happy Hollow Road in West Lafayette. Once you enter the park proceed on the road all the way back, across the narrow bridge. The group will meet at the last parking lot at the back of the park. Call Glenn at 765-447-2462, for more information.

> Instructor: Glenn Chang Location: Morton Center, room 211 Meeting Dates Times Sat, Oct 17 9:00-11:00 am Thur, Oct 22 6:30-8:30 pm Code Ages Fee 18 or older 312391A \$40

^{*}Supply fee paid to instructor at first class

WELLNESS

-Young At Heart Senior Aerobics-

This is a total exercise program designed specifically for older adults. The low impact exercises increase flexibility, strengthen muscles, and enhance coordination while providing a cardiovascular workout. The participants can incorporate the use of free weights to increase the workout. Taught by a Registered Nurse, the class provides blood pressure monitoring and socialization. Total discount of \$10 given if student signs up for all four classes at the same time. Call Nancy for more information at 463-3282.

Instructor: Nancy Edwards, Registered Nurse

Ages: 50 & older

<u>Session</u>	<u>Days</u>	<u>Dates</u>	<u>Time</u>	<u>Location</u>	<u>Code</u>	<u>Fee</u>
1	Mon, Tue & Thu	Sep 14-Oct 5	8:45-9:30am	MPR	354052Y	*\$25
2	Mon, Tue & Thu	Oct 6-29	8:45-9:30am	MPR/room 200	354053Y	*\$25
3	Mon, Tue & Thu	Nov 2-24	8:45-9:30am	room 200/MPR	354056Y	*\$25
4	Mon, Tue & Thu	Nov 30-Dec 22	8:45-9:30am	MPR	354057Y	*\$25

^{*}If all four classes taken and registration done at the same time, the price would be \$90 instead of \$100.

Forever Fit! -

Adults will find new ways to gain strength, balance, speed and agility through basic non-aerobic and aerobic training. Gain some new ideas about everyday activities that you need to help you live a longer and healthy lifestyle. Please bring free weights (3 lbs. or 5 lbs.), wear comfortable shoes that you can move freely in and an open mind to new ideas about moving and getting fit. The instructor is an experienced personal trainer and also taught Wellness and Fitness at Stern's College for Women (Yeshiva University) in NY City. Call Joy at 464-0580 for more information.

Instructor: Joy McEwen Location: Morton Center, room 208

Ages: 50 or older

Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tue	Sept. 15- Oct 13	9:30-10:30am	354181B	*\$35
2	Thu	Sept. 17- Oct 15	9:30-10:30am	354181L	*\$35
3	Tue	Oct. 20- Nov 17	9:30-10:30am	354181T	*\$35
4	Thu	Oct. 22- Nov 19	9:30-10:30am	354181V	*\$35
5	Tue	Nov. 24-Dec 22	9:30-10:30am	354181W	*\$35
6	**Thu	**Nov 25-Dec. 23	9:30-10:30am	354181X	*\$35

^{*}Two sessions may be taken for \$60 or for all sessions \$180.

- Alexander Technique for Stress Relief –

Do you feel tired and drained? Learn new postures and body movements to correct stressful habits at work and home. Increase your energy flow and awareness with simple subtle movements. This class is especially beneficial for yoga, taiji, massage and healing practitioners. Use your body with maximum ease and effectiveness to achieve high skill and competence levels. Recommended by athletes, dancers, musicians and actors. Call David at 765-564-2258 for more information.

Instructor: David McCain

Location: Morton Center, room 108

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
15 & older	Wed	Nov 4	7:00 - 9:30pm	353091A	\$20

^{**}Class begins on Wed, 11/25 -instead of Thu, 11/26 Thanksgiving & ends Wed, 12/23-instead of Thu, 12/24

- Aroma Relaxation -

Aromatherapy is the therapeutic use of essential oils from aromatic plants to restore and enhance health, mind, spirit and beauty. Zimfira Madan, aroma relaxation therapist and reflexologist, is a holistic practitioner with a medical background. Join her for exercise classes enhanced by aromatherapy, music therapy, foot reflexology and facial and scalp massage. Different breathing techniques will strengthen health and mind to create a peaceful and calm body spirit. Dress comfortably for sitting, lying and stretching. You should bring mats or a small blanket. Call Zimfira for more information at 765-497-0619.

Instructor: Zimfira Madan Location: Morton Center

Ages: 16 & older - younger than 16 may be permitted with instructor approval

		\mathcal{L}	•			
Session	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 14-Oct 12	7:00-8:15pm	202	355111W	\$50
2	Mon	Oct 19-Nov 16	7:00-8:15pm	202	355111X	\$50
3	Fri	Sep 18-Oct 16	9:00-10:15am	200	355501A	\$50
4	Fri	Oct 23-Nov 20	9:00-10:15am	200	355501B	\$50

Music Imaging

Music Imaging provides an experience of self-exploration in which carefully selected classical music is used to access the imagination while in a relaxed, eyes-closed state. The music takes the listener into the mysteries of his or her imageworld. Originally developed from a music therapy method, Music Imagery - the process is called "music imaging" - promotes a dynamic unfolding of inner experiences, such as stimulating creativity, recalling forgotten memories, releasing feelings and generally provoking adventures in imagery. Call David at 765-564-2258 for more information.

Instructor: David McCain Location: Morton Center, room 108

<u>Ages</u> <u>Day</u> <u>Date</u> <u>Time</u> <u>Code</u> <u>Fee</u> 15 & older Wed Sep 30 7:00 - 9:15 pm 353141B \$25

Lathi & Spinning Stick

Lathi is an ancient martial art from India. It uses a long staff and centers at the heart. Lathi is great fun, a good workout and easy to learn. Performed slowly, the rhythm has a meditative quality. Done at a faster speed, it is an excellent aerobic exercise. Call David at 765-564-2258 for more information.

Instructor: David McCain

Location: Morton Center, multipurpose room

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
10 or older	Sat	Oct 17	1:00-4:00pm	353011A	\$25

· Tai Chi Chuan [·]

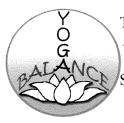
Tai Chi is a flowing, slow movement exercise which works with balanced energy and efficient body mechanics. This is a workshop on principles and practice methods for everyone—beginners and students with prior experience. Specific exercises of root practice (the foundation of all Tai Chi movements) will be taught. Beginners can take these exercises with them to start their own regular practice and advanced students will find that these exercises provide excellent core principles for refinement of their current practice. Call David at 765-564-2258 for more information.

Instructor: David McCain

Location: Morton Center, room 206

Ages	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
15 & older	Sat	Nov 21	1:00-4:00pm	353061Y	\$25

Hatha Yoga



The breathing techniques and postures of yoga increase strength and flexibility, essential for both a healthy body and mind. Discover a profound sense of relaxation and wholeness unlike anything you've ever experienced. Call Lisa Nail at 743-5050, Susanne McConville at 477-0344, Shari Gass at 429-6214, Sam Royer at 429-5903 or Manju Jarori at 496-4355 for information.

Location: Morton Center, room 200

Ages: 14 & older - Instructor permission required for those under age 14

- Royer & McConville prefer students 16 & older.

Beginning Yoga: This class is for the novice, or students interested in a review of the fundamentals.

n Dates	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sep 28-Oct 26	Mon	5:30-6:45 pm	351057V		Nail
Nov 16-Dec 14	Mon	5:30-6:45 pm	351066C	\$50	Nail
nuing Yoga: Prior experience	preferred	1.			
es	Day	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
14-Oct 26 no class 9/21	Mon	7:15-8:30 pm	351156Y	\$60	Nail
15-Oct 27 no class 9/22	Tue	5:30-6:45 pm	351067C	\$60	Nail
16-Nov 4 no class 10/14	Wed	10:00-11:15 am	351941A	\$70	Gass
16-Oct 28 no class 10/14	Wed	5:30-6:45 pm	351981A	\$60	McConville
on 2					
v 4-Dec 16 no class 11/11	Wed	5:30-6:45 pm	351982A	\$60	McConville
v 9-Dec 14	Mon	7:15-8:30 pm	351157Y	\$60	Nail
v 10-Dec 15	Tue	5:30-6:45 pm	351097A	\$60	Nail
v 18-Dec 16 no class 11/25	Wed	10:00-11:15 am	351942A	\$40	Gass
evels: This class is appropriate t	for all le	vels of experience.			
	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
15 Oct 27 no class 9/22	Tuo	10:00-11:15 am	351781G	\$60	Nail
13-Oct 27 110 Class 3/22	I ue			ΨΟΟ	INall
16-Nov 4 no class 10/14	Wed	1:00-2:15 pm	352011J	\$70	Gass
		1:00-2:15 pm 7:15-8:30 pm			
16-Nov 4 no class 10/14	Wed		352011J	\$70	Gass
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14	Wed Wed	7:15-8:30 pm	352011J 351466C	\$70 \$60	Gass McConville
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10	Wed Wed Tue	7:15-8:30 pm 7:15-8:30 pm	352011J 351466C 351950R	\$70 \$60 \$70	Gass McConville Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5	Wed Wed Tue	7:15-8:30 pm 7:15-8:30 pm	352011J 351466C 351950R	\$70 \$60 \$70	Gass McConville Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5	Wed Wed Tue Thu	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm	352011J 351466C 351950R 351467V	\$70 \$60 \$70 \$60	Gass McConville Royer Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 v 4-Dec 16 no class 11/11	Wed Wed Tue Thu Wed	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm	352011J 351466C 351950R 351467V 351952D	\$70 \$60 \$70 \$60	Gass McConville Royer Royer McConville
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 v 4-Dec 16 no class 11/11 v 10-Dec 15	Wed Wed Tue Thu Wed Tue	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm 10:00-11:15 am	352011J 351466C 351950R 351467V 351952D 351096A	\$70 \$60 \$70 \$60 \$60	Gass McConville Royer Royer McConville Nail
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 v 4-Dec 16 no class 11/11 v 10-Dec 15 v 12-Dec 17 no class 11/26	Wed Wed Tue Thu Wed Tue Thu	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm 10:00-11:15 am 5:30-6:45 pm	352011J 351466C 351950R 351467V 351952D 351096A 351971A	\$70 \$60 \$70 \$60 \$60 \$60 \$50	Gass McConville Royer Royer McConville Nail Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 v 4-Dec 16 no class 11/11 v 10-Dec 15 v 12-Dec 17 no class 11/26 v 17-Dec 22	Wed Wed Tue Thu Wed Tue Thu Tue Wed	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm 10:00-11:15 am 5:30-6:45 pm 7:15-8:30 pm 1:00-2:15 pm	352011J 351466C 351950R 351467V 351952D 351096A 351971A 351791B 351951D	\$70 \$60 \$70 \$60 \$60 \$60 \$50 \$60 \$40	Gass McConville Royer Royer McConville Nail Royer Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 4-Dec 16 no class 11/11 7 10-Dec 15 7 12-Dec 17 no class 11/26 7 17-Dec 22 7 18-Dec 16 no class 11/25	Wed Wed Tue Thu Wed Tue Thu Tue Wed	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm 10:00-11:15 am 5:30-6:45 pm 7:15-8:30 pm 1:00-2:15 pm	352011J 351466C 351950R 351467V 351952D 351096A 351971A 351791B 351951D	\$70 \$60 \$70 \$60 \$60 \$60 \$50 \$60 \$40	Gass McConville Royer Royer McConville Nail Royer Royer
16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 29-Nov 10 1-Nov 5 on 2 v 4-Dec 16 no class 11/11 v 10-Dec 15 v 12-Dec 17 no class 11/26 v 17-Dec 22 v 18-Dec 16 no class 11/25 e Yoga: Suitable for all levels a	Wed Wed Tue Thu Wed Tue Thu Tue Wed	7:15-8:30 pm 7:15-8:30 pm 5:30-6:45 pm 7:15-8:30 pm 10:00-11:15 am 5:30-6:45 pm 7:15-8:30 pm 1:00-2:15 pm	352011J 351466C 351950R 351467V 351952D 351096A 351971A 351791B 351951D Age 20 or old	\$70 \$60 \$70 \$60 \$60 \$50 \$60 \$40	Gass McConville Royer Royer McConville Nail Royer Royer Gass
	Sep 28-Oct 26 Nov 16-Dec 14 nuing Yoga: Prior experience ses 14-Oct 26 no class 9/21 15-Oct 27 no class 9/22 16-Nov 4 no class 10/14 16-Oct 28 no class 10/14 n 2 4-Dec 16 no class 11/11 79-Dec 14 710-Dec 15 718-Dec 16 no class 11/25 evels: This class is appropriate to	Sep 28-Oct 26 Nov 16-Dec 14 Mon nuing Yoga: Prior experience preferred es 14-Oct 26 no class 9/21 Mon 15-Oct 27 no class 9/22 Tue 16-Nov 4 no class 10/14 Wed 16-Oct 28 no class 10/14 Wed n 2 4-Dec 16 no class 11/11 Wed 7 9-Dec 14 Mon 10-Dec 15 Tue 18-Dec 16 no class 11/25 Wed evels: This class is appropriate for all lectors 1 we have the sevel of t	Sep 28-Oct 26 Mon 5:30-6:45 pm Nov 16-Dec 14 Mon 5:30-6:45 pm nuing Yoga: Prior experience preferred. es Day Time 14-Oct 26 no class 9/21 Mon 7:15-8:30 pm 15-Oct 27 no class 9/22 Tue 5:30-6:45 pm 16-Nov 4 no class 10/14 Wed 10:00-11:15 am 16-Oct 28 no class 10/14 Wed 5:30-6:45 pm no 7-Dec 16 no class 11/11 Wed 5:30-6:45 pm 7-Dec 14 Mon 7:15-8:30 pm 7-Dec 15 Tue 5:30-6:45 pm 7-18-Dec 16 no class 11/25 Wed 10:00-11:15 am Evels: This class is appropriate for all levels of experience. Day Time	Sep 28-Oct 26 Mon 5:30-6:45 pm 351057V Nov 16-Dec 14 Mon 5:30-6:45 pm 351066C nuing Yoga: Prior experience preferred. es Day Time Code 14-Oct 26 no class 9/21 Mon 7:15-8:30 pm 351156Y 15-Oct 27 no class 9/22 Tue 5:30-6:45 pm 351067C 16-Nov 4 no class 10/14 Wed 10-Oct 28 no class 10/14 Wed 5:30-6:45 pm 351981A 74-Dec 16 no class 11/11 Wed 5:30-6:45 pm 351982A 79-Dec 14 Mon 7:15-8:30 pm 7:15-8:30 pm 351157Y 7:10-Dec 15 Tue 5:30-6:45 pm 351097A 7:18-Dec 16 no class 11/25 Wed 10:00-11:15 am 351942A Sevels: This class is appropriate for all levels of experience. Day Time Code	Sep 28-Oct 26 Mon 5:30-6:45 pm 351057V \$50 Nov 16-Dec 14 Mon 5:30-6:45 pm 351066C \$50 nuing Yoga: Prior experience preferred. Code Fee 14-Oct 26 no class 9/21 Mon 7:15-8:30 pm 351156Y \$60 15-Oct 27 no class 9/22 Tue 5:30-6:45 pm 351067C \$60 16-Nov 4 no class 10/14 Wed 10:00-11:15 am 351941A \$70 16-Oct 28 no class 10/14 Wed 5:30-6:45 pm 351981A \$60 n 2 4-Dec 16 no class 11/11 Wed 5:30-6:45 pm 351982A \$60 n 9-Dec 14 Mon 7:15-8:30 pm 351157Y \$60 n 10-Dec 15 Tue 5:30-6:45 pm 351097A \$60 n 18-Dec 16 no class 11/25 Wed 10:00-11:15 am 351942A \$40 evels: This class is appropriate for all levels of experience. Code Fee

Yoga for a Better Back: Yoga asanas adapted to help cultivate more comfort, flexibility, and strength in your back. Appropriate for all levels. Age 20 or older.

Sessio	on Dates	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
1	Sep 14-Oct 26 no class 10/12	Mon	10:00-11:15am	351056V	\$60	McConville
2	Nov 2-Dec 7	Mon	10:00-11:15am	351056W	\$60	McConville

Check out our website-www.westlafayette.in.gov/parks

Inner Peace Yoga & Meditation: Traditional yoga poses, relaxation techniques & meditation.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sep 17-Oct 8	Thu	7:15-8:30 pm	351491A	\$40	Jarori
Sep 18-Oct 9	Fri	5:30-6:45 pm	351491B	\$40	Jarori
Session 2					
Oct 15-Nov 5	Thu	7:15-8:30 pm	351491C	\$40	Jarori
Oct 16-Nov 6	Fri	5:30-6:45 pm	351491D	\$40	Jarori
Session 3					
Nov 12-Dec 10 no class 11/26	Thu	7:15-8:30 pm	351491W	\$40	Jarori
Nov 13-Dec 11 no class 11/27	Fri	5:30-6:45 pm	351491Z	\$40	Jarori

Flow Yoga: Experience preferred. This class will move at a faster pace.

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
1	Sep 17-Nov 5 no class 10/15	Thu	12:00-1:00 pm	351961A	\$70	Gass
2	Nov 19-Dec 17 no class 11/26	Thu	12:00-1:00pm	351961B	\$40	Gass

Teen Yoga: Minimum Age - 15

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Nov 5-Dec 17 no class 11/26	Thu	4:00-5:15pm	352021J	\$60	Gass

Free Yoga Class – Mon., Nov 9 – 5:30-6:45 pm

Morton Center, room 200

Are you curious about Yoga? Here is your chance to try a class FREE. This will be an introductory class for **new students**. Please call the Morton office at 775-5120 to leave your name and phone number if interested since space is limited. Students should be age 14 or older.

Yoga Donation Classes

Everyone is welcome to attend these classes, regardless of experience, fitness, or income level. Fees are by donation. The suggested donation would be appreciated, but if you are on a tight budget, just pay what you can afford. Please call the Morton office at 775-5120 to register if you are interested, space is limited.

Location: Morton Center, room 200

Ages: 14 - older

A Yoga Sampler:

Sat., Sep 12 -9:00-11:30am Suggested Donation: \$25 Code: 351055A

Yoga is an ancient Indian tradition with many different schools of teaching. Come experience our five terrific teachers and sample five different styles of Yoga. Lisa Nail will begin with Flowing Yoga, followed by Shari Gass and Partner yoga. Next Sam Royer will present Viniyoga, followed by Susanne McConville and Restorative Yoga. Manju Jarori will conclude with Meditation.

Yoga with Lisa Nail:

Sat., Oct 10, 10:00-11:15am Suggested Donation: \$10 Code: 351055B

Yoga with Shari Gass:

Sat., Nov 7-10:00-11:15am Suggested Donation: \$10 Code: 351055C

Yoga w/Susanne McConville: Sat., Dec 5 -10:00-11:15am Suggested Donation: \$10 Code: 351055D

Questions? Call us 775-5110 or 775-5120

-Total Body Movement -

This unique program developed over the years through extensive experience by LaVerne Mikhail is designed to use every muscle of the body using a hybrid of yoga stretches, Pilates and dance including some ballet. The variety of movements have a beautiful harmony and are used to improve strength, flexibility and muscle tone. They will improve posture and release stress. This is NOT aerobics. Call LaVerne at 743-4786 for more information.

Instructor: LaVerne Mikhail or Kim Schwartz

Location: Morton Center, room 208

Ages: 14 or older

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 14-Dec 14no class 11/23	9:00-10:05am	350151A	\$90*
2	Tues	Sep 15-Dec 15 no class 11/24	5:30-6:30pm	350161V	\$90*
3	Wed	Sep 16-Dec 16 no class 11/11&11/25	9:00-10:05am	350171A	\$90*

*Note: \$10 total discount given if two classes are taken.

You must register for both classes at the same time in order to receive the discount.

Dao Yin Yang Sheng Gong-

Dao Yin Yang Sheng Gong is a practice of exercise, meditation, self-healing, and self-defense with roots in ancient China. It is a combination of flowing movements and deep breathing techniques with repetition that lead to better mobility and balance. It is quieting and calming. It can be beneficial for everyone, but especially those for whom more vigorous exercise is a problem. Students should wear loose fitting comfortable clothes and flexible shoes. Call Nancy VanDoren at 296-7602 for more information.

Instructor: Nancy M. VanDoren, OTR

Ages: 14 and older Location: Morton Center

Free Introduction Class

<u>Dates</u>	<u>Day</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>
Oct 31	Sat	10:00-11:30am	204	N/A	FREE

Beginning Forty-Nine Movements - Learn to control breathing, calm the mind, and stimulate specific acupressure points in the body using slow, smooth movements that were developed to help prevent illness and promote overall health. Based on movements like Tai Chi, beginners and advanced students work to increase their ability to concentrate and improve their physical and mental self. (28 min. to complete once learned.)

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>
1	Sep 16-Oct 28	Wed	9:00-10:00am	204	352166V	\$70
2	Sep 16-Oct 28	Wed	5:30-6:30pm	204	352167V	\$70
3	Nov 4-Dec 23 no class 11/11	Wed	9:00-10:00am	204	352186M	\$70
4	Nov 4-Dec 23 no class 11/11	Wed	5:30-6:30pm	204	352187M	\$70

Continuing Forty-Nine Movements – For those students who have already taken the initial Forty-Nine Movements, these sessions focus on continued practice of the techniques learned in the 28-minute exercise.

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Sep 15-Oct 20	Tue	9:00-10:00am	204	352211X	\$45
2	Sep 15-Oct 20	Tue	5:30-6:30pm	204	352211Y	\$45
3	Nov 3-Dec 8	Tue	9:00-10:00am	204	352221X	\$45
4	Nov 3-Dec 8	Tue	5:30-6:30pm	204	352221Y	\$45

Ba Duan Jin or 8 Pieces of Brocade – A good beginner class that consists of eight moves or stretches. This is a great warm up callisthenic prior to other exercise routines. Focused on controlled breathing techniques and slow stretches, this exercise can help to decrease stress and increase flexibility to help prevent injury. (10 min. to complete once learned.)

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Sep 16-Oct 21	Wed	10:30-11:30am	204	352311Z	\$60
2	Sep 16-Oct 21	Wed	7:00-8:00pm	101	352321Z	\$60
3	Nov 4-Dec 16 no class 11/11	1 Wed	10:30-11:30am	204	352366Y	\$60
4	Nov 4-Dec 16 no class 11/11	1 Wed	7:00-8:00pm	101	352367Y	\$60

Yang Sheng Taiji Gong II—Eight simplified moves that are easy to learn and quite similar to other Dao Yin movements which can be practiced in almost any setting. (10 min. to complete once learned.)

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Sep 15-Oct 20	Tue	10:30-11:30am	204	352481V	\$60
2	Nov 3-Dec 8	Tue	10:30-11:30am	204	352561X	\$60

Dao Yin Dance—An accumulation of movements from a variety of specific exercises combined into a short "dance" involving slow, circular movements with breathing techniques to promote health. This Qi Gong is for the intermediate or advanced student who has studied any type of Tai Chi or Qi Gong. The dance involves bending, squatting, and turning to stimulate accupoints. (10 min. flowing dance once learned.)

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Sep 15-Oct 27	Tue	1:00-2:00pm	204	352266X	\$70
2	Nov 3-Dec 15	Tue	1:00-2:00pm	204	352267X	\$70

Yang Sheng Sword — Using a sword as a focus point, this Qi Gong exercise promotes an increased range of motion and balance through movements. As in Tai Chi, this exercise is based on self-defense techniques. Sword motions and deep breathing stimulate the body's acupressure points. Movements used in this exercise include stepping, turning, bending, and squatting. Yang Sheng Sword is for intermediate and advanced students. Dao Yin Dance is a good course to prepare the student for this class and is recommended.

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>
1	Sep 16-Oct 28	Wed	1:00-2:00pm	204	352711J	\$70
2	Nov 4-Dec 23 no class 11/11	Wed	1:00-2:00pm	204	352721K	\$70

Health Preserving Exercises of Emperor Qian Long — As the name implies this is a health maintenance exercise. It works to improve flexibility and mobility through repetitive movements as well as massage specific acupressure points to stimulate health and well being.

<u>Session</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>
1	Sep 17-Oct 22	Thu	10:00-11:00am	204	352286K	\$60
2	Nov 5-Dec 17 no class 11/26	Thu	10:00-11:00am	204	352287K	\$60

A combination of flowing movements and gentle repetition. Call Mary Campbell at 765-426-5541 for more information. Instructor: Mary Campbell

Location: Morton Center, room 101 Ages: 16 or older

Tai Ji QiGong 18 Steps - Beginning

It does not matter how you spell it—this combination of the flowing movements of TaiJi and the gentle repetition of QiGong is very calming and soothing. The 18-step form is an excellent introduction to the foundational principles of the many forms of this quiet but powerful kind of exercise from China. This course is especially suitable for beginners.

Session	<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 14-Oct 19	2:00-2:50pm	352741K	\$60
2	Mon	Oct 26-Dec 7 no class 11/23	2:00-2:50pm	352742Q	\$60
3	Thu	Sep 17-Oct 22	5:35-6:25pm	352764V	\$60
4	Thu	Oct 29-Dec 10 no class 11/26	5:35-6:25pm	353111B	\$60

Tai Ji QiGong 18 Steps – Continuing

This class offers the opportunity to practice and refine the form learned in the beginning class. You should have taken the beginner class with this instructor.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 14-Oct 19	3:30-4:20pm	352762V	\$50
2	Mon	Oct 26-Dec 7 no class 11/23	3:30-4:20pm	352763V	\$50
3	Thu	Sep 17-Oct 22	6:30-7:20pm	353121B	\$50
4	Thu	Oct 29-Dec 10 no class 11/26	6:30-7:20pm	353131B	\$50

Stay in touch!

Our brochures are published three times a year. We mail our brochure to those that have registered in the past year & a half.

If you would like to receive a brochure just call us
City Hall Office775-5110 or Morton Center 775-5120
OR send us your email address to
wlparks@westlafayette.in.gov

— Awareness Through Movement® For Wellness and Stress Reduction-

Based in science, this class uses the mind-body connection to stimulate more options for using your body more fluidly and with less effort. Using focused attention along with both familiar and novel movement sequences, ATM® informs and improves the way you organize and use yourself for everyday tasks. Working at the neurological level, restrictive or habitual patterns are replaced with more efficient ways of moving. Some of the benefits include; stress relief, reduced aches and pains, improved posture and breathing and a refreshed and invigorated mind and body. You may attend either the Tuesday evening or Wednesday morning class as space allows. Dress in comfortable layers for lying and sitting on blankets on the floor. Contact Carla Rock, MS, PT, GCFP: 491-4375, Carla.rock@comcast.net, or CarlaRock.com for more information.

Instructor: Carla Rock (Physical Therapist)

	Loca	tion: Morton Center,	room 206 A	.ges: 14 or old	er
Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Sep 15-Oct 13	6:00-7:00pm	354821C	\$50
2	Wed	Sep 16-Oct 14	9:00-10:00an	354821W	\$50

Awareness Through Movement® Fluid Breathing Workshop -

Receive all the benefits of ATM® classes in a concise workshop format, including improved freedom of movement and stress reduction. We will focus on breath and the skeletal and muscular actions and sensations associated with breathing. Perfect for musicians, actors, those interested in meditative practices and anyone who relies on full, comfortable breathing in everyday life. Dress in comfortable layers to allow full movement while lying and sitting on blankets on the floor. A CD of an Awareness Through Movement® breathing lesson by Carla Rock is included in the registration fee. For more information, contact Carla Rock, MS, PT, GCFP 491-4375, Carla.rock@comcast.net or Carlarock.com.

Instructor: Carla Rock (Physical Therapist)

		msu ucioi. Caria Rock (i	i nysicai i nerapisi)		
	Location	n: Morton Center, room 206	Ages: 14 or old	ler	
<u>Day</u>	<u>Dates</u>	Registration Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Sat	Oct 31	Oct 23	10:00am-12:30pm	356011V	\$35

-Your Best Life Now -

Instructor: Paula Davis

Location: Morton Center, room 108

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
25 & older	Mon	Sep 14-Oct 19	6:45-7:30pm	353711T	\$120
		*Optional supply fe	e\$64 paid to instr	uctor at first cl	ass

[&]quot;Your Best Life Now" is for the client who is seeking a higher purpose for their life. This six week journey will guide the client through self discovery, character building activities, and homework assignments to create a blueprint for their best life now. Group interaction, shared testimonies, and guest speakers provide support and positive reinforcement to achieve your best life now. *The optional Fit Companion Package for this class is \$64 and includes pre and post class testing, Vision Design, bi-weekly one on one meetings with coach/trainer, and Fit Companion packet and materials. Additional services and packages to be paid directly to the instructor. Call Paula at 765-404-0568 for more information.

· Dance Fit ·

Get ready to groove to some fat burning music and have a blast. This dynamic class will include a great dance and step aerobic workout followed by ballet and Pilate's body toning exercises. *The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve Davis at 765-404-0568 for more information.

Instructor: Paula Eve Davis or Fit 4 Ever Staff Person

Location: Morton Center Ages: 16 & older

<u>Session</u>	<u>Days</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Room
1	Mon & Wed	Sep 14-Oct 7	5:50-6:30pm	347211W	\$95	202
2	Tue & Thu	Oct 20-Nov 12	5:50-6:30pm	347211Y	\$95	206
3	Tue & Thu	Nov 17-Dec 15 no class 11/26	5:50-6:30pm	347211Z	\$95	206

^{*} Optional Supply fee paid to instructor at first class.

X-Treme Fit

X-Treme Fit challenge is the class to take your performance to the next level! This plyometric dynamic body weight training will challenge any athlete. Paula Davis, a certified power, agility, speed, and strength coach leads this adrenaline charged workout. Must have taken at least one year of prior fitness instruction. For more information, go to www.fit4everhealth.com or call 765-404-0568. *The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve Davis at 765-404-0568 for more information.

Instructor: Paula Eve Davis or Fit 4 Ever Staff Person Location: Morton Center, Tues-rm 206 & Sat rm. 101

Ages: 18 & older

<u>Dates</u>	Days & Time	<u>Code</u>	<u>Fee</u>
Oct 20-Nov 14	Tues, 6:45-7:30pm & Sat, 10:00-10:45am	347231Y	\$100

^{*} Optional Supply fee paid to instructor at first class.

– Pink Ribbon Pilates™ –

This 40 minute class is designed for those on their cancer journey who want to get in shape. Furthermore, it is beneficial to those who are recovering from a serious illness or managing a chronic health concern (i.e. diabetes, dialysis, cardiac, arthritis, fibromyalgia). The instructor, a cancer survivor and the first instructor in the State of Indiana to be certified as "post rehabilitation Breast Cancer Exercise Specialist," is very sensitive to the needs of clients struggling with life changing issues. *The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve Davis at 765-404-0568 for more information.

Instructor: Paula Eve Davis

Location: Morton Center, room 101 Ages: 16 & older

 Day
 Dates
 Time
 Code
 Fee

 Sat
 Sep 26-Nov 14
 11:00-11:40am
 347221Y
 \$140

^{*} Optional Supply fee paid to instructor at first class.

ADULT ART

Watercolor - Open Studio Sketchbooks

Pre-plan your paintings, and know your subject to expand your interpretation. Students will use water soluble products, pencils and paint. Suggested product—the Super Aquabee-brand sketchbook 9 x 12. This general session is open to all levels. Please pick up a supply list when registering and call the teacher, Rena, at 765-589-3115 or e-mail her at Rena@RenaBrouwer.com before the first day of class.

Instructor: Rena Brouwer

Location: Morton Center, room 205 Ages: 16 & older

DayDatesRegistration DeadlineTimeCodeFeeWedSep 16-23Sep 151:00-3:00pm320111A\$35

Watercolor -Designing to Painting -

You will design shapes and abstract patterns and use negative shapes and tonal washes using a limited palette. Learn how to use your supplies. This class is intended to be used as a learning tool of process. Students will be working on the same subjects and process. This is a general session for all levels. Please pick up a supply list when registering and call the teacher, Rena, at 589-3115 or e-mail her at Rena@RenaBrouwer.com before the first day of class.

Instructor: Rena Brouwer

Location: Morton Center, room 205 Ages: 16 & older

<u>Day</u> <u>Date</u> <u>Registration Deadline</u> <u>Time</u> <u>Code</u> <u>Fee</u> Wed Sep 30-Oct 21 Sep 29 1:00-3:00pm 320112A \$65

– Watercolor - Open Studio Workshop – Miniatures –

Bring a lunch, your paints, and paper and prepare to have fun. I'll supply the initial project paper and any "unusual" product to be used. We will do some small projects of various approaches that could be used for gift giving. A list of the products used will be available after class. This is a general session suitable for all levels. Please pick up a supply list when registering and call the teacher, Rena, at 589-3115 or e-mail her at Rena@RenaBrouwer.com before the first day of class.

Instructor: Rena Brouwer

Location: Morton Center, room 205 Ages: 16 & older

DayDateRegistration DeadlineTimeCodeFeeWedNov 18Nov 1610:00am-3:00pm320381A\$50

Acrylic, Pastel and Oil Painting and Drawing

The new softer realism, impressionism, color enhancement, and color harmony are all taught in this class; plus composition, basic drawing and perspective principles are also taught. Still-life set-ups are available. Each student works at their own speed to complete their chosen subject with the instructor's help. Bring your own photos or use the instructor's files for ideas; seascapes, landscapes, human and animal portraits, plus many other subjects. The instructor will supply acrylics and pastels for the first six weeks for a beginning student. Oil painters must bring their own oils. Students need to call the instructor at 474-2456 for additional supplies required prior to first class.

Instructor: Bette Goodrich

Ages: 18 & older

	Locatio	II. IVIOLIOII CCIIICI, IOOIII I I I	Ages. 10 th older		
Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 21-Oct 26	7:00-9:00pm	321211J	\$65
2	Mon	Nov 2-Dec 7	7:00-9:00pm	321331Q	\$65
3	Wed	Sep 16-Oct 21	10:00am-Noon	321011Y	\$65
4	Wed	Oct 28-Dec 9 no class 11/11	10:00am-Noon	321021Y	\$65

Location: Morton Center room 111

· Charles Bargue Drawing & Old Masters Study •

This course includes a comprehensive drawing study that is time tested and a proven method of understanding value, contrast, and form and a serious study in the life-drawing and compositional skills involved in old masters' drawings and paintings. The Charles Bargue Drawing method was invented in the 1870's as a way to teach students in the French academy. Students will be making exhaustive studies of lithographs made from some of the world's greatest paintings and sculptures and copying them in order to gain a greater understanding of drawing and shading techniques, anatomy, movement and composition. Please pick up a supply list before the class begins at Morton Center. Call Chris for more information at 586-2465.

Instructor: Chris Kuchta

Location: Morton Center, room 205 Ages: 13 or older

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Sep 29-Oct 20	5:30-6:30pm	322021Z	\$60
2	Tues	Oct 27-Nov 17	5:30-6:30pm	322022R	\$60
3	Tues	Nov 24-Dec 15	5:30-6:30pm	322023R	\$60

── Painting in Oil ̄

You will learn the fundamentals of painting in oil that have been handed down from 600 years of dedicated artists. You will be instructed, based on your skill level, on painting from a limited palette of colors and work your way to a full palette. This course will concentrate on composition, structure, design and value while handling the medium of oil. Please bring a photo or work from a still life on site. Supply list available at Morton Center. Call Chris for more information at 586-2465.

Instructor: Chris Kuchta

Location: Morton Center, room 205 Ages: 13 or older

Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	Code	<u>Fee</u>
1	Tues	Sep 29-Oct 20	6:30-8:30pm	322011Z	\$65
2	Tues	Oct 27-Nov 17	6:30-8:30pm	322012W	\$65
3	Tues	Nov 24-Dec 15	6:30-8:30pm	322013W	\$65

-Photoshop for Beginners

Whether or not it is learning how to improve your photos or create works of art, let Christeach you how to manipulate photos and graphics in photoshop. If you want to learn to manipulate photos, please bring your own images. The small class size will enable the instructor to tailor this class to meet your individual needs. Call Chris for more information at 586-2465.

Instructor: Chris Kuchta

	Locatio	n: Morton Center, room 105	Ages: 13 or older		
<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Mon	Sep 28-Oct 26 no class 10/19	6:00-7:00pm	320781A	\$85
2	Mon	Nov 2-23	6:00-7:00pm	320781B	\$85
3	Mon	Nov 30-Dec 21	6:00-7:00pm	320781Z	\$85

-Rosemaling Decorative Painting - An Introduction Class -

This is a class for the beginner student that has no painting experience. Continuing students will also enjoy the class. Rosemaling is a highly developed Norwegian folk art where flowers and scrolls are created with brush stroke work. We will study basic strokes and design elements. You will paint on small wood items and will supply your own surface. Each student will paint at their own level and pace. Supply fee includes artist quality paint and mediums and detailed instructions with color worksheet. Contact the instructor for surface suggestions or information at 765-463-2548

Instructor: Candace Larson

Location: Morton Center, room 205

Supply Fee: \$7 - \$24 with addition of 3 artist quality brushes

<u>Ages</u>	<u>Day</u>	<u>Date</u>	Registration Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16 & older	Wed	Sep 16-Oct 14no class 10/7	Sep 14	6:30-8:30pm	320471H	\$60

-The Art of the Portrait -

Explore portraiture in depth. This class will focus on the elements of what makes up a portrait as we will look at portraiture throughout history. Proportion, positioning, lighting, and background will be discussed. Students should be able to complete at least one portrait in the medium of their choice. Please pick up supply list when registering. For more information, contact Amelia at 430-3691.

Instructor: Amelia Roberts
Location: Morton Center, room 111

Ages Day Dates Time Code Fee 16 or older Tue Oct 6-Nov 3 7:00-9:00pm 320481A \$65

- German Folk Art -

We will continue our study of traditional folk art styles with a beautiful and distinctive German style from early 1900s. We will paint a folk couple with a basket filled with fruit and flowers. The charm of this style is the simplicity along with a delightful faux finish trim. You paint at your own level and pace and supply your wood surface. Supply fee includes artist quality paint and mediums, and detailed instructions with color worksheet. A sample will be available during the Rosemaling classes. Contact the instructor for surface suggestions or information at 765-463-2548.

Instructor: Candace Larson

Location: Morton Center, room 205 Ages: 16 & older

<u>Day Dates</u> <u>Registration Deadline Time</u> <u>Code Fee</u> *Supply Fee Wed Oct 21-Nov 18no class 11/11 Oct. 19 6:30-8:30pm 320472H \$60 \$7

*Supply fee paid to instructor at first class

Ink and Watercolor Experimentation (with a Contemporary Touch)

This class will have an emphasis on trying something new and different with a contemporary approach. You will learn basic tips and techniques of drawing and painting with ink & watercolors, while creating a series of vibrant compositions. You will present your work at a final exhibition for families and friends. Call Gabriela at 838-1519 for more information. Supply List: Heavyweight watercolor paper (pad any size or roll), India ink, brushes, watercolors, 4 bowls for water & towel paper.

Instructor: Gabriela Sincich

Location: Morton Center, room 111 Ages: 16 or older

DayDatesReg. DeadlineTimeCodeFeeSatNov 14Nov 910:00am-3:00pm320581A\$50

So You Always Wanted to Try the Pottery Wheel-

This class is designed to give a person a chance to try the pottery wheel without committing to a full-length class. Open to anyone 7 years old through adult. This class will allow the person to try the wheel. Clay fee is \$7. Once the clay is purchased and the instructor gives a short instruction, you are off for fun in the mud! Once you have completed a piece, you will place your name and name of the glaze that you would like to have from a selection provided, and the instructor will take care of the rest. In a few weeks, your piece(s) will be ready to pick up. Wear old clothes and be ready to have some fun! Contact Morton for registration. Call Angie at 463-5546 for class information.

Instructor: Angie Peterson

Location: Morton Center, room 201 Ages: /-adult								
Session	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee		
1	Fri	Oct 9	4:30-5:30pm	324511B	\$20	\$7		
2	Fri	Oct 30	10:00-11:00am	324521B	\$20	\$7		
3	Fri	Oct 30	4:30-5:30pm	324611N	\$20	\$7		
4	Sat	Nov 7	2:00-3:00pm	324621N	\$20	\$7		
5	Sat	Nov 21	2:00-3:00pm	324622N	\$20	\$7		

^{*}Supply fee paid to instructor at class

Pottery On The Wheel - For All Levels -

Beginners will cover pottery wheel throwing, hand-building, design, and simple glaze techniques. Intermediate and advanced students will continue their work with emphasis placed on individual techniques and skill levels. Students will receive individualized instruction and be challenged on special projects and given specialized demonstrations chosen on the first class. Lab-time practice is encouraged. Call Gail at 418-0454 for more information.

Instructor: Gail Johnston

Location: Morton Center, room 201 Ages: 16 or older

Supply Fee: \$25 for 25 lbs. of clay & \$15 for tool kit paid to instructor at first class

<u>Session</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	Fee
1	Mon	Sep 14-Dec 7no class 10/12 & 11/23	6:30-8:30 pm	325151A	\$175
2	Tue	Sep 15-Dec 8no class 10/13 & 11/24	9:30-11:30am	325151Y	\$175

-Advanced Pottery –

This class is designed for continuing students who want to be challenged in various areas of working with clay. Class projects and demonstrations will be decided on the first class. Students will work at their own pace with plenty of individual instruction. Lab-time practice is encouraged. Call Gail at 746-3451 for any questions.

Instructor: Gail Johnston

Location: Morton Center, room 201 Ages: 16 or older

Supply Fee: \$25 for 25 lbs. of clay to be paid to instructor at first class

<u>Day</u> <u>Date</u> <u>Time</u> <u>Code</u> <u>Fee</u> Tue Sep 15-Dec 8 no class 10/13 & 11/24 6:30-8:30pm 325181A \$175

- Pottery – All Levels

Beginning students will learn basic pottery techniques, including hand building, wheel throwing, glazing and decorative techniques. Intermediate and advanced students will have the opportunity to develop individual expression and have challenging projects to extend their ceramic skills. Please e-mail Virginia at vrussell@ceris.purdue.edu if you have questions.

Instructor: Virginia Russell

Location: Morton Center, room 201

Supply Fee: \$25 per 25 lbs. of clay & \$15 for beginners tool kit paid to instructor

 Ages
 Day
 Date
 Time
 Code
 Fee

 16 & older
 Thu
 Sep 17-Dec 10 no class 10/15 & 11/26
 6:30-8:30pm
 327501A
 \$175

- Advanced Pottery -



This class is for those who have had at least two pottery classes at Morton or by permission of the instructor. Students will be encouraged to pursue individual projects and develop their own unique style. Many construction and decorative techniques will be introduced. Please e-mail Virginia at vrussell@ceris.purdue.edu if you have questions.

Instructor: Virginia Russell

Location: Morton Center, room 201

Supply Fee: \$25 per 25 lbs. of clay to be paid to instructor

 Ages
 Day
 Date
 Time
 Code
 Fee

 16 & older
 Thu
 Sep 17-Dec 10 no class 10/15 & 11/26
 10:00am-Noon
 325711A
 \$175

DANCE

Ballroom Dancing-

Instructor: Jessica Nugent

Location: Morton Center, multipurpose room Ages: 16 & older (Younger students permitted with adult)

Beginner Ballroom

Anyone can learn the basics of Ballroom Dance! This is a class for the beginner learner. Even those with two left feet are welcome. Here we will learn the basic steps in the Fox Trot, Waltz, Swing, Rumba, and Cha-Cha. No partner required. Dress is casual and comfortable. Shoes with a leather sole are preferred, but not necessary. Please feel free to call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Sep 15-Oct 13	7:00-8:00pm	346170Y	\$45
2	Tues	Oct 20-Nov 17	7:00-8:00pm	346171Y	\$45
3	Tues	Nov 24-Dec 22	7:00-8:00pm	346172Y	\$45

Beginner Swing

Come and learn the basics of Swing dancing! This popular dance is fun & energetic, and can be danced to many styles of music. The class is geared towards the beginner learner, or for anyone who is a little rusty & would like to refresh their skills. No partner required. Dress is casual & comfortable. Shoes with a leather sole preferred, but not necessary. Please feel free to call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Sep 15-Oct 13	8:00-9:00pm	346671Z	\$45
2	Tues	Oct 20-Nov 17	8:00-9:00pm	346672Z	\$45
3	Tues	Nov 24-Dec 22	8:00-9:00pm	346673Z	\$45

Intermediate Ballroom

This is the next level up from the Beginner Ballroom Class. There is a lot to be learned within the intermediate level of dancing. Here you will learn to develop your technique and add new steps. Only recommended for those who have completed at least one Beginner Ballroom Class, or who are already comfortable with the basic steps. Dances may include Swing, Rumba, Waltz, Tango, Fox Trot, Cha-Cha, Merengue, and/or Salsa. No partner required. Dress is casual & comfortable. Shoes with a leather sole preferred, but not necessary. Please feel free to call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Thur	Sep 17-Oct 15	7:00-8:00pm	346471A	\$45
2	Thur	Oct 22-Nov 19	7:00-8:00pm	346471X	\$45

Advanced Ballroom

This class is geared towards the experienced dancer and is a great class for the dancer who wants to improve their technique & learn new patterns at a more advanced level. Dances may include Waltz, Fox Trot, Tango, Cha-Cha, Rumba, Swing, Mambo, Salsa, Merengue, Hustle, Samba and/or West Coast Swing. No partner required. Dress is casual & comfortable. Dance shoes, or shoes with a leather sole recommended, but not necessary. Please feel free to call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Thur	Sep 17-Oct 15	8:00-9:00pm	346270Z	\$45
2	Thur	Oct 22-Nov 19	8:00-9:00pm	346271Z	\$45

- Bare Bones Belly Dance -

Bare Bones Belly Dance offers exposure to the varied styles of Middle Eastern Dance – popularly known as belly dance – while providing a strong basic belly dance foundation. Classes are offered at Morton Community Center to anyone 15 or older on beginner, improvement and troupe levels. Performance opportunities are offered through membership in Oasis Dancers troupes, made up of students in Morton's Bare Bones Belly Dance classes and members of the drum circle. For information on the Bare Bones program, contact Mary Kat at Shuvanibd@aol.com

Instructor: Mary Kat Lebo Location: Morton Center, room 204

Beginner – Learn the "Bare Bones" of belly dance: posture, safe dance technique, simple isolations and movement families, as well as a short choreography.

Improvement Level-

Intro to Egyptian Balady – Learn the basics of the Egyptian social style of dance, as well as learning what makes up a traditional balady progression (a/k/a balady taksim), as well as the difference between tet balady and awad balady.

Choreo 101-Choreographing a Group Routine – Learn to choreograph a classical piece of music for a group. Participants share choreography copyright!

Troupe Readiness (formerly "advanced") -

Al Eah – Learn a routine to Arabic pop using two half-circle veils.

Mahma Jara – Learn the basics of Khaleeji (of the Gulf) style in a fun routine!

Class	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Beginner	Tue	Sep 15-Nov 17	7:00-8:30pm	348176X	\$85
Improv. Level - Intro. to Egyptian Balady	Wed	Sep 16-Oct 14	7:00-8:30pm	348177Z	\$35
Improv. Level - Choreo 101	Wed	*Oct 21-Dec 2	7:00-8:30pm	348196C	\$35
		*no class 11/11& 11/2.	5		
Troupe Readiness-Al Eah (double veil)	Thu	Sep 17-Oct 15	7:00-8:30pm	348197C	\$35
Troupe Readiness-Mahma Jara (Khaleeji)	Thu	Oct 22-Nov 19	7:00-8:30pm	348267Z	\$35

- Clogging –

Clogging is a true American dance originating in the Appalachian Mountains. It incorporates style and step from a variety of countries and cultures. Today, clogging can be done to any expression of music. In addition to combining a variety of steps and styles, it is also an excellent form of entertainment and exercise. We have a group practice in our curriculum as well. Anyone who has successfully completed the curriculum of Beginner I, Beginner II and is looking for an opportunity to perform is eligible to sign-up for group practice. Call Kyla at 471-7923 or 714-0592 for more information about acquiring shoes or class eligibility.

Instructor: Kyla Houston

		Location: Morton Center	Ages: 8 or older	•		
<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Room
Beginner I	Tue	Sep 15-Oct 20	5:30-6:30pm	349061X	\$30	101
Group	Tue	Sep 15-Oct 20	6:30-7:30pm	349091A	\$30	101
Session 2						
Beginner I	Thu	Nov 5-Dec 17 no class 11/26	5:30-6:30pm	349061Y	\$30	204
Beginner II	Tue	Nov 3-Dec 15 no class 11/24	5:30-6:30pm	349071Y	\$30	101
Group	Tue	Nov 3-Dec 15 no class 11/24	6:30-7:30pm	349091B	\$30	101

Get in Shape Through Dance-

Experience dance movement through a new realm beyond everyday exercise. This beginning level class will introduce dance terminology, technique and movements. It will allow students to express themselves through movements while providing for a healthy workout as well as getting into shape. The instructor will incorporate movements from various artists based on her years of experience as a professional modern dancer in New York City. Call Joy at 464-0580 for more information.

Instructor: Joy McEwen

Location: Morton Center, room 208

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18-older	Tues	Sep 15-Dec 15	6:45-8:00 pm	350291X	*\$150

^{*}Joy's Multiple Class Discounts—\$10 each for one of Joy's ballet classes or Joy's hip hop class & \$15 for each of Joy's Get in Shape classes

- Rediscover Your Love for Dance with Adult Ballet -

Introductory ballet techniques will be utilized to help students improve and strengthen their fitness level while enjoying the experience of ballet. Designed to include ballet barre, floor barre, and ballet combinations, students will rediscover their love for ballet. This class will offer more floor barre and strengthening exercises to help you with your ballet. Joy will incorporate movements from her years of experience as a professional dancer in New York City as well as from her education at Interlochen Arts Academy and the University of Michigan (BFA-Dance). Call Joy at 464-0580 for more information. (Please wear proper ballet shoes.)

Instructor: Joy McEwen Location: Morton Center, room 208

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Thur	Sep 17-Dec 17no class on 11/26	6:00-7:00 pm	350292X	*\$135

^{*}Joy's Multiple Class Discounts—\$10 off each for any two of Joy's adult dance classes or \$15 off for Get In Shape and \$10 off for another of Joy's adult dance classes.

- Adult Ballet II -

The next level up from the beginning Adult Ballet, with introduction of more combinations, phrases and quicker barre work. This class is designed for those who have taken ballet, but still want the ease and comfort that the beginning level offered. You will learn how to piece together the basic steps and see how the barre work strengthens your center work as well. Come and join us with our second level of Adult Ballet II. The instructor will incorporate movements from her years of experience as a professional dancer in New York City as well as from her education at Interlochen Arts Academy and the University of Michigan (BFA-Dance). Call Joy McEwen at 464-0580 for more information. (Please wear proper ballet shoes.)

Instructor: Joy McEwen

Location: Morton Center, room 208

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Wed	Sep 16-Dec 16no class 11/11	5:30-6:30 pm	350181V	*\$135

^{*} Joy's Multiple Class Discounts—\$10 off each for any two of Joy's adult dance classes or \$15 off for Get In Shape and \$10 off for another of Joy's adult dance classes.

- Hip Hop for Adults

This is an introductory level class designed to encourage adults to move different parts of their body through rhythm and soul. Warm-ups will include isolations, core training and coordination. Joy will lincorporate steps taken from her years of training in New York as a professional dancer. You will be allowed to express yourself freely and feel comfortable moving in a different way. Please wear proper shoes (sneakers and/or jazz shoes). Call Joy at 464-0580 for more information.

Instructor: Joy McEwen Location: Morton Center, room 206

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Thur	Sep 17-Dec 17no class 11/26	7:00-8:00 pm	350281X	*\$135

^{*} Joy's Multiple Class Discounts—\$10 off each for any two of Joy's adult dance classes or \$15 off for Get In Shape and \$10 off for another of Joy's adult dance classes.

Sassy Pop/Hip Hop for Adults

Sassy Pop/Hip Hop is a dance form highlighting the feminine side of hip-hop/pop that is used by popular artists such as Beyonce, the Pussycat Dolls and Britney Spears. It is a fusion between Hip-Hop, jazz, and funk style of dance. This form of dance can be used in a variety of music genres but mostly in the musical genre of R&B and Pop. This class is all about the attitude and confidence that you will develop within yourself. Participants in this class will learn to match movement with the lyrics also while internalizing the aura of the song that makes the choreography come to life. No experience is needed and the class is open to all dance levels. Call Darren for more information at 504-914-1975.

Instructor: Darren Jones Location: Morton Center, room 206

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18-older	1	Tue	Sep 15-Oct 6	7:30-8:30pm	347311Z	\$50
18-older	2	Tue	Oct 13-Nov 3	7:30-8:30pm	347321Z	\$50
18-older	3	Tue	Nov 10-Dec 1	7:30-8:30pm	347331Z	\$50

Beginner Scottish Country Dancing

Let members of the Whole Nine Yards, a Lafayette-area Scottish Country dance troupe, introduce you to the basics of Scottish Country Dance. Mastery of the basics will enable you to participate in the dances the troupe teaches. Please note that Scottish Country dancing is a vigorous activity. It's been called Scottish aerobics because it can put stress on feet, ankles, and hip joints, plus gives you a strenuous cardiovascular workout. It's a fun way to exercise. Please wear slippers or non-slip socks. No shoes are allowed. Call Isobel Miller at 463-0608 for more information.

Instructor: The Whole Nine Yards Location: Morton Center, room 208

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
14 & older	Thur	Oct 22-Dec 3 no class 11/26	7:00-8:30pm	347511Z	\$48

International Folk Dance -

Beginning and continuing level folk dances will be taught in two separate classes. Beginning will focus on repetition and getting the basics. Beginning level dances (easy dances) from Europe, the Mediterranean area and other areas will be taught. Continuing will focus on more challenging dances/step combinations from Europe, the Balkans, the Mediterranean areas and other areas. A new dance will be taught each week and students will be able to review and request their favorite dances. In both classes, there will be a focus on good exercise, socialization and fun! Call Ruth at 765-385-2371 for more information.

Instructors: Ruth Black and David Carter Location: Morton Center, room 204

Ages: 14 or older younger children permitted if accompanied by older sibling or parent

<u>Session</u>	<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Beginning	Sat	Sep 12-Oct 31no class 10/3 & 10/10	1:00-2:00pm	347111W	\$18*
2	Continuing	Sat	Sep 12-Oct 31no class 10/3 & 10/10	2:00-3:00pm	347121W	\$18*
3	Beginning	Sat	Nov 7-Dec 19no class 11/28	1:00-2:00pm	347131W	\$18*
4	Continuing	Sat	Nov 7-Dec 19no class 11/28	2:00-3:00pm	347141W	\$18*

^{*}Children 16 or under half price if accompanied by a parent.

Mor'Danc'n

Mor'Danc'n programs emphasize quality instruction in a fun learning environment. Taking more than one class or type of dance is encouraged to enhance coordination and to develop a well-rounded appreciation for dance. The fall semester of classes is devoted to intensive technique. The spring semester is devoted to technique and preparation for the spring dance recital which will be held May 1, 2010. Enrollment in both semesters is strongly recommended. Because of ongoing community sports programs, late enrollment into classes may be permitted by instructor. **Final class placement will be at the discretion of the instructor.** For more information regarding the dance classes, please call LaVerne Mikhail at 743-4786 or Joy McEwen at 464-0580.

Location: Morton Center

Dates: Sep 14-Dec 19 (no class 11/11 & Mon-Sat 11/23-28)

Multiple Class Discount: A \$10 discount may be taken for each class, if multiple classes taken by same student in classes listed below. To receive the discount, you must register at the same time for the multiple classes and prior to the beginning of class. If registration is done separately or after the class starts, the discount cannot be given.

<u>Class</u>	<u>Age</u>	<u>Day</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Dance Exploration	21/4-3	Mon	3:45-4:30	208	340151P	\$125	Mikhail
Dance Fundamentals	$2\frac{1}{2}-4$	Sat	9:00-9:45	208	340381B	\$125	Mikhail/Asst.
Fund. Of Jazz & Ballet I	3-4	Tue	3:45-4:30	208	340261P	\$125	Mikhail
Fund. Of Jazz & Ballet II	$3\frac{1}{2}-5$	Mon	5:25-6:20	204	340551R	\$125	Mikhail/McInerney
¹ Beginning Tap	4-5	Wed	3:45-4:30	204	340271C	\$125	Mikhail/Asst
¹ Beginning Tap	6-8	Wed	4:35-5:20	204	340301C	\$125	Mikhail/Asst
¹ Tap – Open Level	9-older	Wed	5:30-6:30	101	340302A	\$125	Mikhail/Props
Ballet I (new to 1 yr)	$4\frac{1}{2}$ -7	Mon	4:30-5:20	208	340581P	\$125	Mikhail
Ballet I (new to 1 yr)	$4\frac{1}{2}$ -7	Wed	4:30-5:20	208	340771R	\$125	Mikhail
Ballet II (1 sem. or more)	6-8	Tue	4:30-5:25	208	340861R	\$125	Mikhail
² Ballet III	9-12	Mon	5:30-6:30	208	340951X	\$125	McEwen
² Ballet IV	13-older	Mon 6	5:30-7:30	208	341161P	\$125	McEwen
² Pointe	13-older	Mon	7:30-8:15	208	340051Z	\$ 65	McEwen
Jazz/HipHopI	5-7	Mon	4:30-5:25	204	341151N	\$125	Mikhail/Wiltgen/Chua
Jazz/Hip Hop I	5-8	Sat	9:30-10:30	204/208	341291C	\$125	Mikhail/Asst
Jazz/Hip Hop II	8-11	Mon	4:30-5:25	MPR	341351V	\$125	Mikhail/Asst
Jazz/Hip Hop II	9-13	Wed	4:35-5:30	MPR	340161P	\$125	Mikhail/Swihart
Jazz/Hip Hop III	$13\frac{1}{2}$ -olde	rSat	11:30-12:30	208/MPR	341691G	\$125 N	Mikhail/Adams/Swihart
Lyrical Jazz I	9-13	Sat	10:30-11:30	208	341971V	\$125 N	Mikhail/Adams/Swihart
Lyrical Jazz II	$13\frac{1}{2}$ -olde	rWed	5:30-6:30	MPR	341981V	\$125	Mikhail/Adams
² Intro-Jazz & Contemp.	6-10	Thu	4:00-4:55	208	342381P	\$125	McEwen
² Adv-Jazz & Contemp.	11-older	Thu	5:00-5:55	208	341281R	\$125	McEwen
³ Invitational Troupe I	11-older	Tue	5:30-7:00	MPR	341581R	\$150	Y.Mikhail/Swihart
³ Invitational Troupe II	14-older	Wed	3:15-4:30	208	341582R	\$200	Y.Mikhail/Swihart
		& Sa	at. 12:30-2	208			
³ Invitational Troupe II	14-older	Wed	6:30-8:00	MPR	341583R	\$200	Y.Mikhail/Swihart
		& Sa	at. 12:30-2	208/MPR			

¹Tap shoes required. Joanna Patterson and Amanda Kreger will be assisting LaVerne Mikhail for Beginning.

²J. McEwen will schedule an informal performance at Morton, time and date to be announced, in December for family and friends.

³Y. Mikhail directs and choreographs for Invitational Troupe with occasional guest appearances at Morton. Extra rehearsals may be required at regular meeting times week of Jan. 4-9, and at times still to be scheduled week prior to Phoenix recital. There will be an additional expense for costumes.

Fun for Youth

4th - 5th - 6th Grade Volleyball

Join us for fun at this instructional camp. Fundamentals and techniques of volleyball will be highlighted. No matter what your skill level, you will learn to appreciate the sport and what it has to offer.

Instructor: Hali Stout

Location:

Happy Hollow School - Gym

Day

Date

Time

Code

Fee

Sat

Sep 19-Oct 17

9:00-10:30am

336103A

\$45

- Kids Pottery with Angie —

Beginning and intermediate students work at their own pace on the wheel. Each student will have a wheel to work on and a chance to work on a hand built project. Students will glaze their artwork during the 5th class. Finished pieces may be picked up during the last (6th) class. Register early! Classes fill quickly. We all have a lot of fun so wear old clothes and get ready to play in the mud. Call Angie at 430-3904 for class information and Morton 775-5120 to sign up for the class.

Instructor: Angie Peterson

Location: Morton Center.room 201

<u>Ages</u>	Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
9-17	1	Wed	Sept 23 – Oct 28	4:30-5:45	324631R	\$85	\$20
9-17	2	Wed	Sept 23 - Oct 28	6:00-7:15	324641R	\$85	\$20

^{*}Supply fee to be paid at the beginning of the first class to the instructor.

Magic Paper Sculptures -

A multicultural, colorful, fun and educative class with a green approach. Participants will learn basic paper sculpture and collage techniques using a variety of new and recycled materials. They will explore color, pattern and texture in a fun and encouraging environment. The projects will be inspired on folk and traditional arts from around the world. No prior skills are required. Students will present their works on a final exhibition for families and friends. For more information, please contact Gabriela Sincich at 838-1519.

Supply List: Students should bring newspaper, tape and tissue paper (3 or more colors) to the first class. Teacher will provide the list of the following projects and the materials required for each class. Materials needed will include variety of papers (new and used, small and big), tissue paper, newspaper, construction paper, junk mail, etc., cardboard boxes (eggs, cereal, shoes, pasta, etc.), glue, pencil, scissors, paper clips and white masking tape. Optional: Set of brushes& acrylic paint.

Instructor: Gabriela Sincich

Location: Morton Center, room 111

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	Reg. Deadline	<u>Time</u>	<u>Code</u>	*Fee
5-12	1	Wed	Sep 16-Oct 21	Sep 10	5:00-6:00pm	327011J	\$55
5-12	2	Wed	Nov 4-Dec 16 no class 11/1	1 Oct 29	5:00-6:00pm	327011R	\$55

^{*}Sibling discount - If more than one sibling registers for same class each receives a \$5 discount.

Shotokan Traditional Karate

Shotokan Karate is one of the most popular styles of Karate in the world. Shotokan Karate combines traditional Okinawa techniques with scientific understanding. Karate is a great exercise, it increases strength and flexibility and helps promote self-confidence as well as self-discipline. Shotokan Karate is beneficial for all ages, from kids to adults. Students should wear loose comfortable clothing, no jewelry or shoes allowed. Call Marc Rogers at 463-1102 for more information.

Instructor: Dr. Marc Rogers

Location: Morton Center, Mon-rm 206 & Fri-rm 208

<u>Ages</u>	<u>Dates</u>	Days/Time	<u>Code</u>	<u>Fee</u>
10-older	Sept 11 –Dec 18 no class 10/12 & 11/27	Mon 4:30-5:30pm		
		& Fri 4:30-6:30pm	352761V	\$100

- Beginning Fencing

Would you like to try an Olympic sport? Are you fascinated by swashbuckling heroes like Luke Skywalker, Zorro, and the three musketeers? Do you wish you could be the sword-swinging video game hero in real life? Challenge yourself mentally and physically in one of the world's safest sports with a world-class instructor. Gain confidence, self esteem, get great exercise, improve posture, learn the historical roots of the sword, and experience the joy of Olympic swordplay. Learn the art of fencing here in West Lafayette, and let your adventure begin! You should wear sneakers, socks, and long pants. Equipment purchase is necessary. Call Dr. Paul at 765-490-9349 for more information.

Instructor: Dr. Paul Geraci

Location: Morton Center, multipurpose room

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	Time	<u>Code</u>	<u>Fee</u>	
10-16	Thur	Sep 17-Nov 19	5:30-6:30 pm	337111Q	\$90 plus Equipment Purchase*	
*People	enrolling in	Reginning Fencing will	l he asked to purch	ase their own ea	uipment. The equipment	

^{*}People enrolling in Beginning Fencing will be asked to purchase their own equipment. The equipment fee is \$110. The student will receive a fencing mask, jacket, glove and foil. Equipment is required for the class. If a student already owns equipment, the fee may be waived.

-Art Through Time-

Explore art through a different time periods. Each class will focus on different era. We will use a variety of mediums, such as conte crayon, watercolor, pencil and acrylic. For more information, please contact Amelia Roberts at 430-3691.

Instructor: Amelia Roberts

Location: Morton Center, room 111

<u>Grades</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
4-6	Sat	Oct 3-24	11:00am-12:00pm	326911A	\$40	\$5
K-3	Sat	Oct 3-24	10:00-10:45am	326911J	\$30	\$5

^{*}Supply fee paid to instructor at first class.

Advanced Drawing & Painting for Youth

Sports, Star Wars, animals, or whatever your favorite subject is, you can have fun painting them in acrylic, pastel, water color pencils or graphite pencils. Then you can frame your work and hang it in your room or enter them in the 4H County Fair or the Morton Center Art Show. Call Bette at 474-2456 for more information and a supply list.

Instructor: Bette Goodrich Location: Morton Center, room 111

<u>Grade</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
8-older	1	Tues	Sep 15-Oct 20	4:00-5:30 pm	326111Q	\$65
8-older	2	Tues	Oct 27-Dec 1	4:00-5:30pm	326121Q	\$65

· Cartooning, Comics, and Anime

Do you like comics and cartoons? Do you enjoy Japanese animation such as Yu-gi-oh, Pokemann, and Dragonball-Z? Do you want to know how the professional comic book artists work? In this class, students will learn some of the things they need to know to draw some of their favorite characters and will be given the opportunity to practice Japanese animation. Students will also learn how professional comic book artists work. Using the same tools and techniques, students will learn story flow, composition, page design and layout, as well as spending time honing their drawing skills. Supply list available at Morton. Call Chris Kuchta for more information at 586-2465.

Instructor: Chris Kuchta

Location: Morton Center, room 205

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
7-adult	1	Mon	Sep 28-Oct 26 no class 10/19	5:00-6:00 pm	322041N	\$60
7-adult	2	Mon	Nov 2-23	5:00-6:00 pm	322042N	\$60
7-adult	3	Mon	Nov 30-Dec 21	5:00-6:00 pm	322043N	\$60

Pottery for Brownies, Girl Scouts, Boy Scouts or any other Kid's Group —

Your kid's group will watch a pottery demonstration and enjoy an hour working in clay. The type of project is determined by the size and age of the group. Only groups of 6 or less can sign up for a pottery wheel class (due to the number of wheels). Larger groups will do a hand building project determined by the adult group leader and the instructors. If you would like your group to work towards a badge or patch, please inform one of the instructors so we know what you need done in order to earn the badge or patch. Receive expert instruction in a fun activity. No set up or clean up for you. Just bring the kids dressed in clothes that can get messy! A time will be arranged for the glazed and fired pieces to be picked up. Call the Morton office 775-5120 to sign up for the class. Call Angie 463-5546 or Virginia 765-762-6955 for scheduling or questions.

Instructor: Angie Peterson, Virginia Russell Location: Morton Center Room 201

Age: 6 or older

Day, Date and Time: To be arranged with instructor

Code: 325672A

Fee: \$12 per student for each hour

Supply Fee: \$25 per 25 pounds of clay. Supply fee will be determined by project decided on.

Each day of our lives we make deposits in the memory banks of our children.

Parks & Recreation, Discover the Benefits...

-Youth Scrap Booking - Family Album

Girls and boys ages 7-14 will enjoy creating their own unique family scrapbook. Students will have a complete kit of supplies to create a ribbon bound scrapbook. Material kit will include trendy papers, journaling pages, coordinating adhesive tags and embellishments. Teacher will loan tools such as stamps and ink, cutting tools, punches, and other materials to students. Please bring scissors/cutting tool and a ruler if you have them. Students are asked to bring 10 to 12 photos of family members which can be used for the scrapbook. Optional ideas to include: 5"x7" family photo, family pet photo, grandparent photos, siblings, parents, friends, photo of yourself, and maybe even your house. Spellings of family member's names will also be helpful. Should you forget your photos, don't worry. You can always add them later. Please note that some photos might be cut down in size. For more information, call Michele Landskron 765-807-5006 or e-mail michele.landskron@comcast.net.

This activity will fulfill the requirement for the following programs:

- 1. Tiger Cub Scouts Achievement #1D
- 2. Brownie Girl Scouts Hobbies #5 or All in the Family #6 (similar)
- 3. Junior Girl Scouts My Heritage #1 or #8 or Making Hobbies #2

Instructor: Michele Landskron

Location: Morton Center, room 101

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	Reg. Deadline	<u>Code</u>	<u>Fee</u>	*Supply Fee
7-14	Fri	Nov 13	5:45-7:45pm	Oct 15	312108Y	\$5	\$10
OR other dates by appointment for groups.							
			*Supply fee na	id to instructor at f	irst class		

- Gift Giving Workshop -

Come and get in the gift giving spirit with your friends. Students will have the chance to create 1-2 greeting card(s) and 2-3 home-made gifts for their friends and family. Examples of gifts might include: magnet or memo clip, stenciled fabric bag, ornament or stamped notebook. Instructor reserves the right to substitute items with comparable gifts if supplies are out of stock. Students will have a wide variety of media and materials to personalize their gifts. Creativity is encouraged! When signing up for this class, please tell Morton staff the age of students for the instructors o she can pick suitable crafts for students. For more information, call Michele Landskron 765-807-5006 or e-mail michele.landskron@comcast.net.

Instructor: Michele Landskron Location: Morton Center, room 101

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	Reg. Deadline	<u>Code</u>	<u>Fee</u>	*SupplyFee		
4-7	Fri	Dec 4	4:30-6:00pm	Nov 20	312111X	\$7	\$7		
8-14	Fri	Dec 4	6:30-8:30pm	Nov 20	312121X	\$7	\$7		
	OR other dates by appointment for groups								
	*Supply fee paid to instructor at first class								

Register NOW by MAIL!

All other forms of registration begin Wednesday, Sept. 9 Classes fill quickly MAIL your registration today!

> Have a question? Call us 775-5110 or 775-5120

PRE-SCHOOL FRIDAY ENRICHMENT

Parents of preschoolers are welcome to enroll their children in one or more enrichment classes. Class instructors escort children from one class to the next if children take more than one class.

- Alphabet Adventures – NEW class each session! -

Come join us in this alphabet adventure for 3 and 4 year olds. Jump into the world of letters through story book adventures and themes with followup activities including games and crafts which help them to learn letter sounds and phonetic awareness. Great take home teaching tips and activities too! We will have focus letters each week as well as whole alphabet review. Our instructor, Michele Landskron, would be happy to answer any of your questions at 765-807-5006 or e-mail michele.landskron@comcast.net.

Instructor: Michele Landskron Location: Morton Center, room 101 Ages: 3-4 must be potty trained

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Supply Fee
1	Fri	*Sep 11-Oct 16no class 10/9	9:20-10:30am	312001H	\$55	\$12
2	Fri	Nov 6-Dec 18 no class 11/27	9:20-10:30am	312002H	\$65	\$12

^{*} This schedule is different from the other enrichment class dates.

Mini Math Minds -

What do Graphing Gorillas, Counting Pumpkins, and Designing Patterns all have in common? Come find out in our hands on math class for three and early four year olds. We will play all new games, create projects, and discover math in our world each session. Each child will be given materials/take home activities which allow them to explore math at home with their parents. Session class topics will vary with each session so you can enroll your child in one or both. Call Michele Landskron at 765-807-5006 or e-mail michele.landskron@comcast.net for more information.

Instructor: Michele Landskron Location: Morton Center, room 101 Ages: 3-4 must be potty trained

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Supply Fee
1	Fri	*Sep 11-Oct 16 no class 10/9	10:40-11:50am	312017D	\$55	\$12
2	Fri	Nov 6-Dec 18 no class 11/27	10:40-11:50am	312017F	\$65	\$12

^{*} This schedule is different from the other enrichment class dates.

Club Math

Jump into our exciting world of club math and concepts in a hands-on small learning group. We will play all new games, create projects, and discover math in our world each session so you can sign up for one or both. Each child will be given materials/take home activities which allow them to explore math at home with their parents. Explore different topics all year long including odd and even, patterns, problem solving, counting, shapes, probability and much more. Call Michele Landskron at 765-807-5006 or e-mail michele.landskron@comcast.net for more information.

Instructor: Michele Landskron Location: Morton Center, room 101

Ages: 4 - 6

Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Supply Fee
1	Fri	*Sep 11-Oct 16 no class 10/9	Noon-1:10pm	312016F	\$55	\$12
2	Fri	Nov 6-Dec 18 no class 11/27	Noon-1:10pm	312016V	\$65	\$12

^{*} This schedule is different from the other enrichment class dates.

- Hansel and Gretel - The Musical

Come and join us as we introduce theater at an early age. This class is designed to teach children how to put on a production of Hansel and Gretel through singing, dancing, set design and stage make-up. Taught by Marla's Music and Joy McEwen, each week there will be crafts, music and dance and acting out different parts of the play. A performance will be held for the last class that is open to family and friends. Call Marla's Music at 420-9363 or Joy at 464-0580 for more information.

Instructors: Marla's Music and Joy McEwen Location: Morton Center, room 106

 Ages
 Day
 Dates
 Time
 Code
 Fee

 3-5
 Fri
 Sep 11-Oct 16
 12:30-1:10 pm
 312178A
 \$55

- Kiddin' Around -

Here is a class for the most active of preschoolers. All that is required is a desire to have fun, explore, and play! Each week there will be a different theme in which the children will interact with a variety of related games and activities. Come join in and let the fun begin! Call Anna at 477-6504 for more information.

Instructor: Anna Troxell

Location: Morton Center, room MPR

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
3 - 5	1	Fri	Sep 11-Oct 16	1:15-1:55 pm	312191A	\$25
3 - 5	2	Fri	Nov 6-Dec 18 no class 11/27	1:15-1:55 pm	312191L	\$25

Reading Razzle - Let's READ! - New Class!

Who is reading? You are! Come join us for a reading literacy adventure. Concepts covered in this class will include vowel patterns, blends, beginning sight words, and beginning reading skills. Small class size will allow for individualized instruction and lots of hands on learning through games, little books, and more. There will be take home fun packs for you and mom or dad too! (Students enrolling in this class should be able to identify most of the alphabet letter names—upper and lowercase and sounds.) Our instructor, Michele Landskron, has a strong background in youth education and would be happy to answer any of your questions at 765-807-5006 or e-mail michele.landskron@comcast.net for more information.

Instructor: Michele Landskron Location: Morton Center, room 101

<u>Ages</u>	Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	Supply Fee
$4\frac{1}{2}$ -6	1	Fri	*Sep 11-Oct 16no class 10/9	1:20-2:30pm	312012V	\$60	\$20
$4\frac{1}{2}-6$	2	Fri	Nov 6-Dec 18no class 11/27	1:20-2:30pm	312013V	\$70	\$20

^{*}This schedule is different from the other enrichment class dates.

Gourd Art

Students will work with gourds, paint and other items to create a piece of gourd art. Call Deb Remsburg at 463-9391 for more information.

Instructor: Deb Remsburg Location: Morton Center, room 205

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	<u>Supply Fee</u>
3 - 5	1	Fri	Sep 11-Oct 16	2:00-2:45 pm	310751B	\$25	\$10
3 - 5	2	Fri	Nov 6-Dec 18 no class 11/27	2:00-2:45 pm	310751Y	\$25	\$10

SPECIAL EVENTS



Labor Day Weekend - Morton Center 222 N. Chauncey, West Lafayette, IN

Friday, Sept. 4 - 4 pm Naturalization Ceremony

Saturday, Sept. 5 10 am - 9 pm Cultural Booths, International Food Booths International Marketplace Plenty of Free Entertainment

Global Fest Admission is FREE!



Sunday, September 20

10 am - 4 pm Tapawingo Park 100 N. Tapawingo Drive, West Lafayette,IN

A juried art festival for artists in TAF's 14 county service area.

Art on the Wabash Admission is FREE!

a local artists' fair

Just Walk For the Health of It!

Saturday, Oct. 11, Activities begin at 1:00 pm; Walk begins at 2:00pm
Tippecanoe County Fairgrounds

West Lafayette Parks & Recreation as a member of the Coalition For Living Well After 50 encourages everyone to participate.

The best inheritance a parent can give their children is a few minutes of their time each day.

Parks & Recreation, Discover the Benefits...

Riverside Skating Center Tapawingo Drive 743-7465 (743-rink)

Ice Skating Season

Strap on your ice skates and join us for some fun on the ice! Ice skating season begins Friday, November 27.

Admission: \$4.00 per person per session

Skate rental: \$2.00

Ice Skate Regular Hours: (Weather permitting)

Mon & Wed: 4 - 6 pm & 7- 9 pm

Tuesdays: 4 - 6 pm Thursdays: 7 - 9 pm

Fridays: 4 - 6 pm & 7 - 10 pm

Saturdays: 1 - 3 pm, 4 - 6 pm & 7 - 10 pm Sundays: 1 - 3 pm, 4 - 6 pm & 7 - 9 pm

Ice Skating Rental rates: \$185 for a two hour session. (Skate rental not included) Maximum number permitted in group is 110. Call 775-5120 for more information.

Skate with Santa

Santa invites you and your parents to join us for a fun-filled morning. We'll enjoy donuts, hot cocoa and skate with the jolly old elf himself. This will be a great photo opportunity so bring your camera.

To really enjoy this event,

we recommend children be of skating age and size.

Reservations required.

Fee: \$20 per child with adult

\$10 per additional child or adult

<u>Day</u> <u>Date</u> <u>Time</u> <u>Code</u> Saturday Dec 19 9:00 - 11:00 am 380811A

Four easy ways to register.....

Mail-In (Best way!)



Registrations will be processed in postmark & date received. If there is a problem with your mail-in registration, we will contact you.

> Need a Receipt? Send a self-addressed stamped envelope.

24 hour Drop Box



At your convenience, drop off your completed registration form with payment in a sealed envelope marked Parks & Recreation. The drop box is located in the City Hall parking lot and is used for Wastewater & Parks & Recreation registrations. Drop box registrations will be processed after the next day's mail-ins.

Call-In & Walk-In





Register in person or by phone beginning Wednesday, Sept. 9 Monday - Friday, 8 am - 4:30 pm We acceptVisa, MasterCard & Discover.

Have your completed registration form ready before you call during regular office hours.

City Hall 775-5110 or **Morton Center 775-5120**

Mail-in Registration will be processed early by postmark date.

All other forms of registrations begin on Wednesday, Sept. 9 Classes may fill prior to Sept.9

No confirmations will be sent! You may assume you are registered unless otherwise notified.

Fine Print: Things You Should Know.....

Register Early!

Registering early helps us do a better job of serving you by preparing programs for the proper amount of participants. Most of our programs have a limit on the number of participants. We depend on your participation for a successful class. Early registration allows us to schedule the necessary sessions, add instructors when needed, and prepare supplies and materials.

Facility Reservations

The group and contact person listed on the rental confirmations are responsible for all damages to City of West Lafayette property or equipment and for full compliance with the Department's rules and regulations. Failure to completely follow the rules and regulations may result in immediate suspension of the activity in the facility and the forfeiture of future facility rental privileges

Supply Lists

Some of our classes require a supply list. Supplies should not be purchased until four business days prior the start of class. Most classes have a minimum number of registrants required to hold the class.

No Receipts Mailed

No confirmations will be sent. Assume you are registered unless you are notified. If you need a receipt, send along a self addressed stamped envelope.

Questions??? Call us.... City Hall office - 775-5110

Morton Center - 775-5120

Refund Policy

If we cancel a class, all fees will be refunded.

If you cancel at least two business days prior to the start of class, you may receive a refund less a \$5.00 processing fee.

Because decisions to maintain classes are based on enrollment, no refunds will be granted within two business days of the first class.

Refund claims will be processed at the next regularly scheduled City Board meeting. Refund checks will be mailed.

Instructors -

Our instructors are independent contractors. The curriculum is determined by the instructor.

Keep this Brochure! Brochures are published three times per year April, August & December.

Keep this for reference until you receive your next brochure in late December

Please read information on page 32 before registering

Registration begins immediately - Don't delay, Mail today!

Mail to: REGISTRATE West Lafayette Parks & Recreation 609 W. Navajo West Lafayette, IN 47906				TION FORM For more information call 775-5110				
Please Print								
Family Name:		Address	/City					
Home Phone:	Mome Phone: Work Phone:							
Email								
First Name	Last Name*	Birthdate	Grade	Sex	Class	Class Code	Fee	
1								
2								
3								
4								
5								
*If different from family name Total Fees Due \$								
Make check payable to: City of West Lafayette				Method of payment:CheckCashVisaMasterCard				
Waiver Release Statement By registering for West Lafavette Parks & Recreation								

By registering for West Lafayette Parks & Recreation Programs, registrant realizes the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the West Lafayette Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.

NO RECEIPT will be sent:

You will not be notified of enrollment unless difficulty is encountered. Please keep a record of program dates and times.

NEED A RECEIPT? Send along a self addressed stamped envelope.

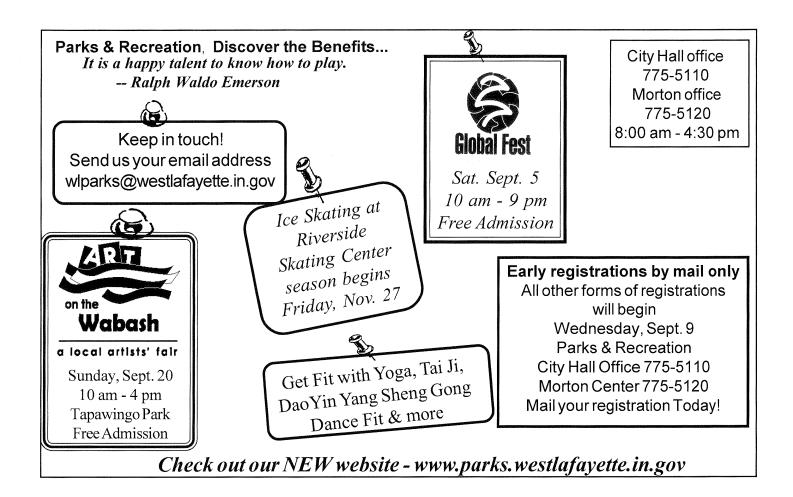
Card Number

Expiration Date

Name as printed on card

Signature

Remember.... Special Early
Mail-In Registrations by postmark
All other registrations begin
Wednesday, September 9



West Lafayette Parks & Recreation Discover The Benefits....
609 West Navajo
West Lafayette, IN 47906

PRSRT. STD U.S. Postage Paid LAFAYETTE, IN Permit No. 243

SAVE THIS BROCHURE!

It contains all the information you need regarding classes and upcoming events.